

Abstract

The purpose of this study was to investigate the desirable kinds of disciplined behavior in Thai society. Data about concepts, principles and theories concerning discipline were collected, including opinions from experts in order to analyze the traits and behaviors contributing to the discipline of Thais.

The resources about disciplined behavior for this study were eighty experts who were selected from various academic and professional areas such as religion, philosophy, sociology, the army, the police, law, psychology, medicine, business, education, sports and games, mass communication and entertainment. These experts were well known in Thai society as persons who had experience in disciplined behavior or research on discipline. The sampling process was as follows :

1. In the first stage was the nomination from the research committee for selecting qualified experts.
2. In the second stage there was a seminar of twenty six experts from twenty different academic/professional areas who gave their opinions on discipline.

The instruments of this study were the questionnaire about the discipline of Thais and the additional opinions from the seminar.

The results of the study were as follows :

1. Traits that contributed to discipline were prosocial, self control and self-confidence.
2. Behaviors that contributed to discipline were respect for the rights of others, respect for the agreement and reasoning.

These components corresponded to the concepts and theories on self-discipline. These components should be considered as essential variables contributing to the development of discipline of the people of our nation.