

ABSTRACT

The effectiveness of psychological and child – rearing skill training
on mother’ supervision and adolescents’ academic responsibility :
The preliminary study

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2009

Numerous family research findings revealed that children’s psychological and behavioral characteristics were significantly influenced by their parental patterns of child – rearing. Therefore, parents should be enhanced to improve their appropriate child rearing and to be confident that they would raise decent and smart children on their own. This experimental study aimed at investigating the effectiveness of integrated training modules for parents namely, psychological enhancement (Internal locus of control and basic understanding of child psychological development) and the appropriate child – rearing skills (love and reasoning orientation approaches) on the parents’ improvement of child – rearing practices and the children’s perception of academic support from parents. The sample consisted of 38 participants (24 mothers), the parents of the fourth and fifth – grade students in at - risk families (stressful – intact – family situation) in Bangkok. The mean age was 38.6 years. The results indicated that both the basic understanding of child psychological development and the intention of appropriate child – rearing practices in the experimental group were

significantly higher than in the control group, these parents having more focus on love and reasoning-based rearing practices toward their children than parents who did not practise the programme conducted in this experiment. And children could also perceive the academic support from parents, according to their reporting of whether parent – child relationship behaviour changed over the one month after parental training programme. The findings provide tentative support for the conclusion that the internal locus of control alone could not explain such behavioural change. The implications of the programme are that positive change in parental behavior may be achieved by increasing provision for more intensive training to develop parental psychological characteristics and child – rearing skills.